



MICROBLADING

Healing Schedule & Post Procedural Care Instructions

After care for your beautiful new brows is your important next step. In order to ensure the best possible outcome for your new microbladed brows, it is essential that you faithfully adhere to the following post procedure instructions.

DAY "OF" PROCEDURE

- 1 Gently blot the area with clean damp cotton pad to absorb excess lymph fluid. Do this every 30 minutes until bedtime. Removing this fluid prevents excessive scabbing or peeling.
- 2 Before bedtime, gently cleans and rinse brows with hands and pat dry. Apply a rice grain amount of A&D with cotton swab across the brows.

DAY "AFTER" PROCEDURE & NEXT 5 TO 7 DAYS

WASH

Wash daily to remove bacteria and dead skin. (Don't worry...THIS DOES NOT REMOVE THE PIGMENT!) Gently wash your eyebrows each morning and night with water and an antibacterial soap like Dial soap, Cetaphil or Neutrogena. With a very light touch, use your fingertips to gently cleanse the eyebrows. Rub the area in a smooth motion for 10 seconds and rinse with water ensuring that all soap is rinsed away. To dry, gently pat with a clean tissue or paper towel. **DO NOT** use any cleansing products containing acids (glycolic, lactic or AHA), or any exfoliates.

MOISTURE

Apply a rice grain amount of aftercare A&D with a cotton swab and spread it across the treated area. Be sure not to over-apply as this will suffocate your skin and delay healing. The ointment should be barely noticeable on the skin. Never put the ointment on a wet or damp tattoo.

ADDITIONAL INSTRUCTIONS

- Use a fresh pillowcase.
- Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of color.
- No facials, Botox, chemical treatments or microdermabrasion for 4 weeks.
- Avoid hot, sweaty exercise for one week.
- Avoid direct sun exposure or tanning for 4 weeks after your procedure. Wear a hat when outdoors.
- Avoid heavy sweating and long hot showers for the first 10 days.
- Avoid sleeping on your face for the first 10 days.
- Avoid swimming, lakes and hot tubs for the first 10 days.
- Avoid topical makeup including sunscreen on the area.

COMMENTS & SUGGESTIONS -

For Long Term Care: We recommend using Rubber Ducky 50 Face to protect your brows year round. This will greatly help in preventing a color change and fading. Colors will alter with the penetration of UV rays.

FAILURE TO FOLLOW POST-PROCEDURE INSTRUCTIONS MAY RESULT IN LOSS OR DISCOLORATION OF PIGMENT. THE KNOWN POSSIBLE COMPLICATIONS FORM MICROPIGMENTATION ARE: REDNESS; SWELLING; PUFFINESS; BRUISING; DRY PATCHES; TENDERNESS; IT IS NORMAL TO LOSE APPROXIMATELY 1/3 OF THE COLOR DURING THE HEALING PROCESS. AFTER INITIAL PROCEDURE, THE COLOR MAY BE A SHADE TOO DARK; IN SIX DAYS IT WILL APPEAR TOO LIGHT. AFTER 10 DAYS, THE COLOR WILL SHOW MORE. IT WILL APPEAR SOFTER WHEN COMPLETELY HEALED BECAUSE THE COLOR WILL COME FROM THE DERMAL LAYER OF THE SKIN TO THE EPIDERMAL LAYER OF THE SKIN. **PLEASE DO NOT HESITATE TO CALL US AT 616-608-4961 IF YOU HAVE ANY QUESTIONS RELATED TO THE ABOVE.** If you see signs of an infection, please contact your medical provider. Blood may not be donated up to one year after your procedure.